

## PRESCHOOL - DAILY SCHEDULE AND ROUTINE

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|----------------------|----------------------------------------------------|
|                      |                                                    |
| <b>7:00 - 8:15</b>   | <b>FREE PLAY / CENTER ACTIVITIES</b>               |
| <b>8:15 - 8:45</b>   | <b>BATHROOM BREAK / BREAKFAST</b>                  |
| <b>9:00 - 9:30</b>   | <b>CIRCLE TIME / CALENDAR / THEME TALK</b>         |
| <b>9:30- 10:00</b>   | <b>ART / SCIENCE/ MUSIC &amp; MOVEMENT</b>         |
| <b>10:00 - 10:30</b> | <b>BATHROOM BREAK / SNACK</b>                      |
| <b>10:30- 11:00</b>  | <b>FREE PLAY / CENTER ACTIVITIES / LARGE MOTOR</b> |
| <b>11:00 - 11:30</b> | <b>SEAT WORK / TRACING / CUTTING / PASTING</b>     |
| <b>11:30 - 12:00</b> | <b>ALPHABET / NUMBER LEARNING / SHAPES</b>         |
| <b>12:00 - 12:30</b> | <b>FREE PLAY / CENTER ACTIVITIES / LARGE MOTOR</b> |
| <b>12:30- 1:00</b>   | <b>BATHROOM BREAK / LUNCH</b>                      |
| <b>1:00 - 3:00</b>   | <b>NAP TIME</b>                                    |
| <b>3:00 - 3:30</b>   | <b>BATHROOM BREAK / SNACK</b>                      |
| <b>3:30 - 4:30</b>   | <b>FREE PLAY / CENTER ACTIVITIES / LARGE MOTOR</b> |
| <b>4:30 - 5:30</b>   | <b>FREE CHOICE QUIET PLAY</b>                      |

## DAILY SCHEDULE AND ROUTINE

|                      |                                    |
|----------------------|------------------------------------|
| <b>7:30 - 8:30</b>   | <b>FREE CHOICE</b>                 |
| <b>8:30- 9:00</b>    | <b>BATHROOM BREAK / BREAKFAST</b>  |
| <b>9:00 - 9:30</b>   | <b>CIRCLE TIME / MUSIC</b>         |
| <b>9:30 - 10:30</b>  | <b>FREE CHOICE</b>                 |
| <b>10:30 - 11:00</b> | <b>ARTS AND CRAFTS</b>             |
| <b>11:00 - 11:30</b> | <b>STORY TIME / PUPPETS</b>        |
| <b>11:30 - 12:00</b> | <b>BATHROOM BREAK / SNACK</b>      |
| <b>11:00 - 11:30</b> | <b>OUTSIDE - LARGE MOTOR SKILL</b> |
| <b>11:30 - 12:00</b> | <b>BATHROOM BREAK / LUNCH</b>      |
| <b>12:00- 2:30</b>   | <b>NAP TIME</b>                    |
| <b>2:30 - 3:00</b>   | <b>BATHROOM BREAK / SNACK</b>      |
| <b>3:00 - 4:30</b>   | <b>FREE CHOICE</b>                 |
| <b>4:30 - 4:15</b>   | <b>BATHROOM BREAK</b>              |
| <b>4:15 - 5:00</b>   | <b>FREE CHOICE</b>                 |
| <b>5:00 - 5:30</b>   | <b>FREE CHOICE QUIET PLAY</b>      |